



Azaz-ul-Haq
President of Student Council

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THE CPMC NEWS

VOL. 1

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WHITE COAT CEREMONY

Correspondent: Najm-ul-Saher

On 25th of January, 2009. Central Park Medical College trustees and staff members welcomed their first batch of MBBS students.

A grand ceremony was planned for this great occasion. The students were invited with their families for the white coat ceremony. The day started with the recitation of verses from the holy Quran. The audience, members of the board of trustees and members from the board of governors shared their views about the college and its aims. The ex Dean, Prof. Dr. Nasir Afzal, stole the

day by his frequent references from the poetry of Iqbal and Ghalib. Thereafter the oath taking ceremony took place and each student was presented with a white coat. That was truly a moment of pride for the students who took their oath as medical students. The students were given medals and bags to keep as souvenirs. The day ended with a very memorable group photograph. The invitees dispersed for the refreshments.



Elections for the First Student Council of CPMC

Correspondent: Maham Sheraz

May 29, 2009 was marked another important day in the history of CPMC. The first student council was elected by the students. Applications were invited from the students who wanted to contest for the election. There was an enthusiastic response to it, confirmed by the fact that 21 applications were received in all for only 5 designations. Prof. Dr. Ahmad Shuja Khan, the associate dean of CPMC, took special care to move everything in a very efficient and organized manner. The student contesting for class representative, girls' representative, boys' hostel representative, girls' hostel representative and day scholar representative gave short speeches before the election took place. The election was supervised by the heads of the three basic sciences departments (Dr. Mukhtar Ahmad Hashmi, Dr. Akmal Hassan and Dr. Tassaduq Hussain) for transparency. Votes were counted by a few demonstrators in the presence of all the contestants and supervisors. The result were announced soon afterwards. First year MBBS class of CPMC celebrated the selection of their first ever representatives very warmly. The oath-taking ceremony took place on

June 1, 2009 followed by the distribution of certificates to all the contestants. The student council now comprises of:

Class Representative: Azaz-ul-Haq
Girl's Representative: Qurat-ul-Ain Haider
Day Scholar Representative: Maham Sheraz
Boy's Hostel Representative: Mobeen Qasim

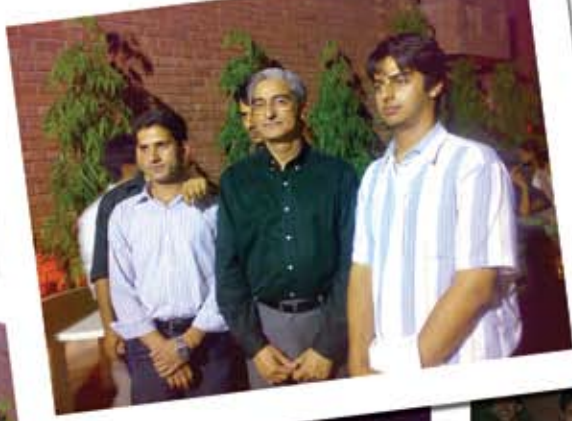
Girl's Hostel Representative: Qurat-ul-Ain

The student council was then directed to appoint a president and a secretary amongst themselves. On June 3, 2009 the student council elected Azaz-ul-Haq as their president and Mobeen Qasim as secretary through voting.



DINNER PARTY AT DEAN'S RESIDENCE

Correspondent: Maham Sheraz



The dean of Central Park Medical College Dr. A.S. Chughtai honoured the first batch of the college with a lavish B.B.Q Dinner party. On May 15th, 2009, the student body was invited to attend the party. A few of the senior staff members Dr. Shaheena Manzoor,

Dr. Tassaduq Hussain, Dr. Akmal Hassan, Dr. Ahmad Shuja Khan and Dr. Iqbal were also invited.

The party turned out to be a complete success as every body enjoyed every part of it very thoroughly. A memorable event took place when the Dean was presented with a little sovenior by the students and he very humbly accepted it. He addressed the students and

gave them a valuable piece of advice. The dean proved to be an excellent host.

In short, the dinner party was a pleasant change for the students, a nice out door arrangement, a pleasant evening. A perfect host and the most palatable food, made it all the more special, memorable and fun filled.





FIRST ACQUAINTANCE TO CPMC

Correspondent: Maham Sheraz

A tour around Central Park Medical College in my opinion is worth much more than paying a few-minutes read to this article. CPMC is an epitome of the most perfect blend of being contemporary and comfortable. It is (so far) comprised of two states-of- the art buildings, but the construction work is pacing in the direction of accomplishment of the master plan which has just begun. The two magnificent, four – story buildings stand at right angle to each other.

There are four lush green gardens separated by a horizontal and a vertical walking platform. The plan could be an inspiration from a ludo board.

In the basic sciences department, there are three lecture halls, one on each storey. The lecture hall accommodates a total of 135 people each. Lecture halls are extravagantly furnished and are accessorized with

up-to-date multimedia systems to assist the teaching in the most convenient manner. The students definitely are equally blessed to have such a facility.

There are multiple demonstration rooms on each floor to aid small-group and peer teachings. The laboratories are also very well – equipped, and to make it just the right way, there are the most co-operative Para-medical staff and lab-assistants who are ready to help carry out all the Practicals at all times.

There is a remarkable histology museum on the second floor, a fascinating forensics museum and a dissection hall on first floor.

In the basement of the building is the cafeteria.

make or break the students’ career- is awe-inspiring. About the teachers, I must say, every one of them is one of a kind and collectively they make a flawless team.

To say the least, they are, just-what the-doctor-ordered.

The other building consists of the administration offices on the ground floor; a library which is extensive and aided with all the facilities of a modern library, inclusive of an electronic library on the second floor; and a discussion room and a



All the offices of the faculty members are also appropriately planned and are attached to the respective laboratories.

In addition to all the above-mentioned incentives provided to the CPMC students, the faculty-the most important factor that would

computer lab on the same floor. The computer lab is equipped with computers and internet facility for the students.

The wireless internet facility in the college premises and the generators (to deal with the well-known load-shedding problem) play the cherry-on-the-top.

All in all, the place is an archetype of an entity and much more than one could ask for, for a flourishing educational institute.

BIT HOSPITAL

Correspondent: Maham Sheraz



Bhatti International Teaching Hospital is a 400 bedded charitable welfare hospital, with state-of-the-art medical and surgical facilities and friendly and professional staff committed to provide services with

disciplines. A team of consultants with medical officers are available to serve the patients. In addition to this, BIT provides its patients with surgical services diagnostic and rehabilitation services. The

service, free bus service, private rooms, business center, mosque, special care nursery, pediatrics, general wards, continued medical education, staff teaching, social service, department and free medical camps.

In short, Bhatti International Teaching Hospital is an ideal hospital to



excellence across a wide range of specialties. CPMC is lucky to have BIT hospital as its teaching hospital.

Out patient department of BIT hospital offers consultation in all basic

institution is playing its role in the field of medical education as it is attached to the international college of Allied Health Sciences.

BIT Hospital provides its patients with a complete range of facilities including free ambulance

provide the students of CPMC with clinical education when and where necessary.

Weekly Report of Patients Visiting in BIT Hospital

Sr.#	Departments	Total Patients
1	Surgical Specialists Prof. M.H. Randhawa Brig r. Dr. Khawar Awais Butt, Dr Imran Ch.	147
2	Medical Specialist Prof. Ahmad SHuja Khan, Dr. Shahid Hafeez, Dr. Arif Aziz	312
3	Gynecologists Prof. Asma Gul, Dr. Shabnum	149
4	Child Specialist Prof. Dr. Zaheer-ul-Haq Qurashi, Dr. Fakhar-ul-Zaman, Dr. Tahir	182
5	ENT/General Prof. Shahid Naqqash, Dr. Sultan Ahmad Nasir	146
6	Eye Specialists Dr. Durriaz Rehman, Dr. Shahid	114
7	PSY/General Dr. Ghazala Musa	13
Total		1063

GUEST LECTURE: by Dr. Neelofer Mehdi

ON FOREIGN POLICY OF PAKISTAN

Correspondent: Quratul Ain Javed



Guest lecture was organized on the 23rd of April, 2009. The lecture was on "Foreign Policy Of Pakistan." The guest lecture was delivered by a renowned politician Dr. Neelofer Mehdi. She did her Ph.D from Oxford University and is a well known philanthropist. Her family made a huge contribution for the creation of Pakistan.

She is granddaughter of (late) Mr. Syed Muratab Ali, who was an intellect and had a significant role in Pakistan's creation. The lecture was very interesting and informative. It gave us an insight on Pakistan's current scenario. The lecture lasted for an hour after which the honored guest had a question answer session with the students.

U.K Calling!

Correspondent: Syed Hashim Abbas

On Thursday the April 16, 2009, Central Park Medical College was graced by the presence of Dr. Athar Saeed, a highly reputable Gastroenterologist from the U.K.

The aim of his lecture was to give the students a brief insight on the practice of medicine in England.

A graduate of Kind Edward Medical College himself, Dr. Saeed began by highlighting the various differences involved in methods of teaching between Pakistan and England.

Further on in the lecture Dr. Saeed explained the various processes of applying to the U.K for post graduation. He stated that as compared to other countries it is much easier to settle down in England. There are a series of tests and different stages involved depending on experience of the doctor applying. Salary is settled according to experience; However, this is not just limited to

post graduates. Medical students from 3rd year onward can apply for the process of 'Elective,' Through this students from all over the world are able to take a semester at any British university they apply to. Lucky for us, Central Park Medical College is also in the process of promoting this method of student transfer once we hit the 3rd year. On the whole, it was a very useful lecture with information that will definitely come of much use in the near future.



STUDENTS CORNER

A SENTENCE ON PRESENT STUDIES SCENARIO

Correspondent: Sumayyah Zulfiqar

"Try to understand the basic concepts of sciences because they are the pillar of your sound foundation." Taimoor

"Practical approach for a medical student." Sahar

"My luck flexed, life extended mind got medially rotated, body was laterally rotated and here I am circumducted." Muhammad Ali Fayyaz

"I'm suffering from mental stress and study phobia." Fiza

"Very hectic." Rabia Khalid

"Makes our daily routine a bit hectic but, surely, it is going to pay off in the long run." Maham sheraz

Message from C.E.O

Dr. A. T. Naqvi

An effective communication system is an essential pre-requisite for operational excellence in any establishment. I am delighted that the CPMC Newsletter is one positive step forward in that direction.

The Newsletter shall be the carrier to provide periodic up-dates about events, improvements and /or accomplishments of the participating institutions and officials in the network; it will also highlight the

worthwhile academic and extra-curricular activities and achievements of the students. Thus all concerned including parents/guardians of the students shall remain regularly posted at their door step.

CPMC is blessed with the services of a dynamic and God-gifted Dean, an accomplished high-profile faculty and support staff. Added to this is a select band of students many of whom have

the potential to be carved into diamonds of the future. I have therefore great hopes and expectations that the coming issues of this CPMC Newsletter will report events that all of us can raise our heads with pride and bow in gratitude to the one and only Almighty.



Message from Dean

Prof. A.S. Chughtai

I appreciate the efforts of all the members of the literary club for bringing out the news letter in such a short time. Remember, you are extraordinary citizens of a great nation founded by an honest, committed, dedicated leader. The reporting in this news letter should therefore, reflect honesty and strength of character of the students, faculty and all those associated with this extra ordinary medical institute of Pakistan.



Message from Associate, Dean

Prof. Ahmad Shuja Khan

I am Professor of Medicine and Associate Dean Medical Education at the Central Park Medical College. I passed my Secondary School Examination from St. Andrew's High School, Lahore and my F.Sc Examination from Government College, Lahore. I passed my MBBS from King Edward's Medical College, Lahore. I left Pakistan for the United Kingdom for my postgraduate qualifications and training. Currently a Fellow of the Royal College of Physicians of Ireland and Fellow of the American College of Physicians (U.S.A), I am a practicing Physician and an Endocrinologist. I am a self made man and want you all to work hard with sincerity, honesty and perseverance to become a good and a caring doctor.



FIRST SYPOSIUM ON MEDICAL WRITING

Correspondent: Rashida Saleem

For any medical teaching college, a symposium is truly a landmark event in its academic calendar. By the dedicated efforts of the chairman and his whole team. The "first Symposium" was held at CPMC on

April 16, 2009. It was conducted by Professor Dr. Akmal Hasan. The symposium's theme "Medical Writing" highlighted the importance of writing articles, especially in the medical profession at present.

We feel honored that an eminent personality, Dr. Maqbool Haider Jafery delivered a two hour lecture on the components of an original article and the types of medical writing. The Associate Dean, faculty members and especially students took active part and showed great zeal. The symposium was came to an end with the lecture delivered by Professor Dr. Mukhtar Hassan Randhawa. This symposium provided a platform for developing writing skills for all the medical students of CPMC.

Prof. Dr. Nasir Afzal

Ex-Dean of CPMC

Dr. Nasir Afzal had the honor to be the first dean and head, department of Physiology CPMC, Lahore from October 1, 2008 to March 31, 2009. His work and dedication for the institute will be remembered for the time to come.



Recognition by PMDC



The campus was visited by the members of PMDC on 20th October, 2008 and was recognized by the Pakistan Medical and Dental Council.

Affiliation with UHS



The members of UHS visited the campus on 3rd January, 2009 and affiliated CPMC with University of Health Sciences Lahore.

PARTICIPATION IN A T.V TALK SHOW

Correspondent: Maham Sheraz

Two of the students of CPMC, Maham Sheraz and Syed Hashim Abbas, were invited to participate in a talk show on Dunya T.V. The students were accompanied by Ms. Farrah-ul-Momineen on May 9, 2009. The show was hosted by Nadia Jamil. The topic of the show was "Problems related to public transport and their solutions". Eminent personalities concerned with the issue showed up to participate in the show. DIG police



and other senior police officers, bus service providers, head of rickshaw union and environmentalist among others were invited. The show turned out to be a very heated conversation. The show lasted for about two and half hours and was aired live. Students of CPMC took active part in the discussion by expressing their view points and asking frequent questions from the guests. The event proved to be a healthy activity for the students who got a chance to express themselves on a wider platform.

SPORTS GALA OF CPMC

Correspondent: Sumayyah Zulfiqar

On February 25th, 2009 there was the first sports day of CPMC and the venue was CPMC ground. The chief guest was Dr. Nasir Afzal, ex-dean of CPMC.

After his arrival the day started with the recitation of few verses from The Holy Quran and there were many thrilling events like many types of races, long jump, Short Put and Discus Throw and tug of war. Students, doctors and para medical staff participated with great spirit

addressed and enlightened the importance of such events in such a busy routine and also appreciated the laborious work of organizers and students who made this event possible and successful on such a short notice.

Following students were declared the best athletes:

Best Athlete (Boys): Salman Ahmad

Best Athlete (Girls): Sahar Naeem

The day ended with refreshments.



Best Athlete (Boys): Salman Ahmad



Best Athlete (Girls): Sahar Naeem



and enthusiasm.

Games like table tennis and badminton had already been played in the tennis court in college building during sports week. Also there were skits performed by students to entertain the audience.

In the end the winners were announced and the prizes were given away. The chief guest

