



Inside



White Coat Ceremony
Page - 2



Bonfire
Page - 4



Student Council
Page - 6



Memo. Of Understanding
Page - 3



Community Health Prog
Page - 5



Affiliation with Wapda Hospital
Page - 8

THE CPMC NEWS

Vol - 2

Patron in chief: Prof. Dr. A. T. Naqvi (C.E.O), Patron: Prof. Dr. A. S. Chughtai (Dean)

Chairman: Dr. Akmal Hassan, Staff Coordinator: Dr. Nadia Zulfiqar

Editors: Faiza Ashraf and Maham Sheraz

Special thanks to Summaya Zulfiqar, Fawad Nafees, Rashida Saleem and Taimoor Zafar Warich

RESULT AND AWARD GIVING CEREMONY

Correspondent: Summaya Zulfiqar

14th December, 2009 was a memorable day for CPMC. The results of first professional exam (part-1) came out on the day. By the grace of Allah, the first batch of CPMC produced an outstanding result of 84%. Mudassar Latif Malik (4th in UHS and distinctions in all subjects), Javeria Karamat (distinctions in anatomy and biochemistry) and Mubashar Latif Malik (distinctions in anatomy and biochemistry) stood first, second and third respectively. Over all, there were 18 distinctions in biochemistry, 6 in anatomy and 1 in physiology. To recognize the hardwork of the students, the college arranged for an award-giving ceremony on 16th December 2009 in Mian Ashiq lecture theatre.

Certificates of honour were awarded to all the distinction-holders by the Chairman of the Board of Trustees, Mian Tahir Javed. Mrs. Uzma Rafiq (Trustee), Dr. A. T. Naqvi (CEO), Mr. Riaz Chohan (Trustee). Cash prizes were given to the position holders and also to Prof. Dr. Mukhtar Ahmed Hashmi (H.O.D Biochemistry Dept.) For producing a 99% result and Prof. Dr. Ahmed Shuja for his remarkable services as head of Medical Education Department. Gold medals were awarded to the toppers of each subject. The ceremony closed with a healthy singing competition. Later on, in a separate ceremony Prof. Dr. Tassaduq Hussain Sheikh, H.O.D Anatomy, and Dr. Akmal Hasan Associate Prof. Physiology Department were also awarded cash prizes for excellent results in their subjects.



I, Mudassar Latif Malik, topped in CPMC and got 4th position in UHS. As everyone, I too, faced hardships in the beginning. But my commitment towards studies and consistent hardwork payed off. I also remained regular in my prayers. All this, and my friends' co-operative behaviors helped achieving my goals



I, Mubashar Latif Malik, got 3rd position in CPMC. First of all I am really thankful to ALLAH, then to my teachers who guided me how to study. The assistance of college library was also very helpful.



I, Javeria Karamat, got 2nd position in CPMC. My key to success is a positive approach towards studies, secondary traction on lectures and a proper time table. Last but not least I regularly offered prayers and had faith in ALLAH.



OUR HIGH ACHEIVERS SAY
A FEW WORDS

WHITE COAT CEREMONY

Correspondent: Faiza Ashraf



A white coat ceremony was conducted on 13th December 2009 at the rear of the building of basic health sciences CPMC, Lahore. The second year students and the faculty gave a very warm welcome to the first year M.B.B.S. The parents of the new comers were also invited. The college premises looked picturesque when decorated with colorful bunnings. The chief guest was Prof. Dr. Khawaja Sadiq Hussain a renowned physician and ex-principal of K.E.M.C, Lahore. The president of PMDC, ex-principal of A.I.M.C and an eminent physician Prof. Dr. Sibte-ul-Hussnain Syed was the guest of honour. The event was further graced by the presence of Mr. Jim Bold, Associate Director of Hull-York Medical school. The august gathering was addressed by C.E.O Dr. A.T. Naqvi, the Dean CPMC Prof. Dr. A.S Chughtai and the members of Board of Trustees. The oath-taking ceremony for the first year batch was also conducted.

MEMORANDUM OF UNDERSTANDING

Correspondent: Mohammad Ali Fayyaz

CMPC has made history by taking the initiative to set an example in the field of medical education. A memorandum of understanding was signed between CPMC and Hull-York School of Medicine UK. The scope of collaboration consists of clinical placements, in the trust hospitals for the students of CPMC in their respective clinical years. It was signed by Dr.

Jim Bold, director Hull-York School of Medicine UK and Prof. Dr. A.S. Chughtai, Dean CPMC, in presence of Prof. Dr. Asif Naqvi and Mian Tahir Javed. This programme will not only provide the students with professional medical training but also provide them with an experience of diversity in learning environment.



SLIDE SHOW OF PAINTINGS BY: DR. AKMAL HASAN

Correspondent: Faiza Ashraf

A slide show on paintings by Dr. Akmal Hasan, Associate Professor of Physiology Department was organized in the lecture theatre No.1 on 10th June '09.

The artist has a rich experience in the field of water-colour and has many solo exhibitions of his work in Lahore and Karachi. His area of interest are land scape and still life. The distinct features of his work are northern areas of Pakistan and historical places of Lahore. The work was not only appreciated by the students but also by the professors and all the faculty members. The organization of a painting club was announced for all the students who were interested. Dr. Akmal graciously offered his guidance.



CPMC BONFIRE WINTER '2009

Correspondent: Maham Sheraz



The long awaited CPMC bonfire finally materialized on the 17th of December '09.

Both the first as well as the second year classes of CPMC whooped it up and had a real fun time. The newly promoted second year class had the time of their lives and their recently good result gave them a new ease of life.



The event commenced right after the sunset in the rear of the medical education building, within the college premises.

The live bar-b-q and the music contributed to the flowless ambiance. The oh-so-talented students of CPMC entertained the audience by their hilarious performances.



This was followed by a short performance by Dr. Imran Ali Shah who electrified everyone by unveiling his singing skills. The food followed and came out to be finger-licking good.

The event ended up with everybody dancing around the fire.



TRIP TO ISLAMABAD

Correspondent: Maham Sheraz

A recreational trip to Islamabad and Murree was arranged from 20-22nd of November, '2009 for the second year class of CPMC. The students, in company of few teachers, departed for Islamabad via Motor Way, right after pack-up time on Friday afternoon. With one stop on Bhera rest area, the three buses reached Islamabad. Before lodging into the hotel, we went to watch movie and ate at Pizza Hut. The Ambassador Hotel was the place arranged before hand. Ayubia was the place that we decided to go next we took a ride on the chair lifts, and stayed there till 4:00 p.m. Once back, the group had a dinner at Islamabad Club. Done with the dinner, we went to Saidpur village. On Sunday, the lot left for F.9 Park. After the gaming session we went to yet another place called Monal. Overthere, we had a late supper and set out for Lahore.



CPMC COMMUNITY HEALTH INITIATING PROGRAMME

Correspondent: Fawad Nafees

Health and Education Foundation is an organization aiming to establish programmes for the uplift of health and education sector for the underprivileged community. A pioneering project in this regard was the establishment of CPMC in Lahore. Chip-1 is a dispensary set by the Health and Education Foundation near Jhulke village in an economically deprived area in the suburbs of Lahore. The objective of this project is to cater to the health needs of the growing population. This area has no proper medical facilities. The dispensary came into existence on 2nd November, 2009. The staff comprises experienced and qualified members. The timings are from 0900-1400 hrs. The major financial contributions comes in the form of donations from industrialists and philanthropists. Rest of the expenditure is born up by the CPMC.



STUDENT COUNCIL ELECTION AND OATH TAKING CEREMONY

Correspondent: Maham Sheraz

The elections of student council of CPMC were held on 14th January 2010. These were conducted under the supervision of the Head of Department of Forensic Medicine, Prof. Dr. M. Iqbal Mughal. First of all, the applications were received by the department from all the candidates who wanted the contest for a post in the student council. After scrutinizing the applications, the final list of contestants was put upon the notice board. The candidates put themselves out for campaigning for a full week. The election took place with perfect transparency and the results of the elections were announced on the same day. The student council consists of following members:

Class representative (2nd year): Aziz-ul-Haq

Class representative (2nd year): Maham Sheraz

Class representative (1st year): Ali Akram Khan

Girls' representative (1st year): Javeria Shah

Hostel representative (Girls): Qurat-ul-Ain Afzal

Class representative (Boys): Ali Mehdi

Sport secretary : Majid Zaheer Cheema

The council elected President & Secretary amongst the members.

Qurat-ul-Ain Afzal and *Ali Akram* were respectively elected as President and secretary of the council. The student council members took their oath on a specially organized oath-taking ceremony which was chaired by the chief guest Mian Thair Javed (Chairman Board of Trustees Health and Education Foundation). Prof. Dr. A.S.Chughtai (Dean CPMC) addressed the newly elected student council and the student body.



INAUGURATION OF GIRLS' HOSTEL

Correspondent: Rashida Saleem

The construction of the building of the girls hostel within the premises of the college has enhanced the glory of the college greatly. The stupendous building of the newly constructed "HUMA GIRLS' HOSTEL" was inaugurated by Mr. Riaz Chauchan on the 14th December, 2009. The hostel building is well-managed and well-constructed and consists of four floors to which all the necessities of life are provided fully. It is pertinent to mention here that the girls are lucky to have the expertise and care of a well-groomed seasoned and balanced personality that is Prof. Dr. Humera Ehsan wyne, H.O.D. Physiology as their chief warden. She is being assisted by Najma Khan. The college library was also inaugurated by the respectable trustee on the same day and was named as Faiz-ul-Hassan Library. The lecture theatre No.1 was named as Mian Mohammad Ashiq lecture theatre and lecture theatre No.2 was named as Rana Ashfaq lecture theatre.



WOMAN OF SUBSTANCE: Ms. HASHMET EFFENDI

Correspondent: Syed Hashim Abbas

On 16th December 2009, CPMC was graced with the presence of Ms. Hashmat Effendi, founder and president of non-profit organisation, known as 'The house of charity'. The house of charity is a non-profit, charitable organization which provides life's essentials and donates high quality medical and surgical care to improve the health and life of under privileged children through donations from USA as well as the rest of the world. She was awarded the prestigious Sitar-e-Imtiaz back in 2008. On 14th April 2009, in a conference held at Harvard University, based on the crisis and possible solutions regarding Pakistan, Ms. Hashmet Effendi was one of the main speakers for health career forum as well as the panel coordinator. She spoke brilliantly about the health care calamities facing Pakistan. Today, considering the fact that Pakistan has the fourth highest incidence of cleft deformities world-wide, she talked about how easily preventable these diseases were and what could be done to help the issue. Ms. Hashmet Effendi stressed upon the fact that to solve these issues, we need to get intelligent people thinking about these issues, developing solutions and executing them. We were truly honoured to have her as a guest.



AFFILIATION WITH WAPDA HOSPITAL, LAHORE

Correspondent: Majid Cheema

26th January being the first day of CPMC is written in the golden words in the history of CPMC. Another remarkable happening also took place on the same day which was affiliation of CPMC with Wapda Hospital Complex. A memorandum of affiliation was signed between CPMC and Wapda Hospital Complex. The Chairman Mian Tahir Javed and Dean Professor Dr. Akhtar Sohail Chughtai from CPMC and DGMS Dr. MM Ashraf and MD Mr. Naveed Cheema of Wapda Hospital Complex took part in the ceremony. Wapda Hospital Complex consists of 350 beds which can be extended to 550. The Hospital provides a golden opportunity for the new doctors to share their experience and also serve the public by heart.



Pride of Honour

Correspondent: Faiza Ashraf

Dr. Shaheena Manzoor, Head of Department of Community, Medicine, CPMC is being nominated for the '5th IDB prize for women's contribution in development. It has been approved by the Ministry of Health and sent to the economic affairs division.



Guest Lecture: Dr. Farqaad Alamgir

Correspondent: Taimoor Waraich

A guest Lecture was conducted in CPMC. Dr. Farqaad Alamgir, a cardiologist, was especially invited to address the doctors-in-the-making of CPMC. He provided the students with a lot of information regarding medicine and surgery and especially, its scope in UK.

The speaker emphasized on how students should work less and gain more. He also encouraged the listeners to come abroad for their electives. He accentuated the need for the students to read medical journals to remain aware of the latest researches.